



freshwest GRILL

Simcoe Place Food Court
200 Front Street West
T. 647 348 4302

Royal Bank Plaza Food Court
200 Bay Street
T. 647 340 4636

Richmond Adelaide Centre Food Court
120 Adelaide Street West
T. 647 350 3278 F. 416 703 0640

TD Centre Food Hall
100 Wellington Street West
T. 416 861 8163 F. 416 861 1679

SickKids Research Tower
660 Bay Street
T. 416 593 7374 F. 416 593 7370

Waterpark Place Food Court
88 Queens Quay West
T. 416 866 8787 F. 416 703 7674

Scotia Plaza Food Court
40 King Street West
T. Coming Soon

www.FreshWestGrill.com

 @freshwestgrill

STEP 1: Choose Your Style

Burrito

gourmet trans-fat free flour or whole-wheat tortilla stuffed with your choice of filling & toppings

Inside-Out Burrito

your choice of filling & toppings served over our cilantro-lime rice in a bowl - a burrito without the tortilla!

Southwestern Salad

freshly chopped romaine served with your choice of filling & toppings then finished with our mango citrus vinaigrette

STEP 2: Choose Your Filling

Chicken

marinated overnight in our own southwestern blend and then flame-grilled

\$9.73

Steak

flame-grilled sirloin steak, marinated overnight in our house blend

\$9.73

Shrimp

whole shrimp sautéed in house spices

\$10.18

Soy

vegetarian soy meat seasoned with our house spices

\$9.73

Veggie

all our fresh and prepared veggies - includes our home-made guacamole and fajita vegetables

\$8.85

*\$2.00 for double meat, shrimp, or soy

STEP 3: Choose Your Toppings

Rice & Vegetables

Prepared: cilantro-lime brown rice or quinoa (\$0.75 extra) • black or refried beans • roasted corn
fajita vegetables - sauteed peppers and onions*

Fresh: crisp lettuce • green pepper

Cheese, Spreads & Sauces

monterey jack and cheddar cheese • sour cream • low-fat sour cream • home-made guacamole**
burrito sauce • stupid sauce (HOT!!!)

Home-Made Salsas (all salsas are fat-free)

Pico de Gallo (mild) - ripe vine tomatoes, red onion, freshly-chopped cilantro, lemon juice, spices

Salsa Verde (medium) - roasted green tomatoes, freshly-chopped cilantro, jalapeno peppers, lemon juice, spices

Red Chili (hot) - ripe vine tomatoes, fresh garlic, chipotle peppers, spices

*\$0.75 extra (free for veggie orders) **\$1.25 extra (free for veggie orders)

Tacos

Soft flour tortilla with choice of meat, salsa, burrito sauce, cheese and lettuce.

qty. **1** \$4.00 **2** \$7.50 **3** \$10.50