

MENU



TD Centre Food Hall
100 Wellington Street West
T. 416 861 8163
F. 416 861 1679

Simcoe Place Food Court
200 Front Street West
T. 647 348 4302
F. 647 348 5302

(Fax orders available)
www.FreshWestGrill.com

STEP 1:

Choose Your Style

Burrito

gourmet trans-fat free tortilla stuffed with your choice of filling & toppings

Inside-Out Burrito

your choice of filling & toppings served over our cilantro-lime rice in a bowl - a burrito without the tortilla!

Southwestern Salad

freshly chopped romaine served with your choice of filling & toppings then finished with our mango citrus vinaigrette

All of our food is prepared fresh daily on-site.

There are no added preservatives, fillers or artificial flavours.

Only honest-to-goodness real food!

STEP 2:

Choose Your Filling

Chicken

marinated overnight in our own southwestern blend and then flame-grilled

\$6.99

Steak

flame-grilled sirloin steak, marinated overnight in our house blend

\$6.99

Shrimp

whole shrimp sautéed in house spices

\$7.26

Soy

vegetarian soy meat seasoned with our house spices

\$6.99

Veggie

all our fresh and prepared veggies - includes our home-made guacamole and fajita vegetables

\$6.19

*\$1.25 for double meat, shrimp, or soy

STEP 3:

Choose Your Toppings

Vegetables

Prepared

cilantro-lime rice • black or refried beans • roasted corn • fajita vegetables - sauteed peppers and onions*

Fresh

fresh lettuce • green pepper

Cheese, Spreads & Sauces

monterey jack and cheddar cheese • sour cream • low-fat sour cream • home-made guacamole*

burrito sauce • stupid sauce (HOT!!!)

Home-Made Salsas (all salsas are fat-free)

Pico de Gallo (mild) - ripe vine tomatoes, red onion, freshly-chopped cilantro, lime juice, spices

Salsa Verde (medium) - roasted green tomatoes, freshly-chopped cilantro, jalapeno peppers, lime juice, spices

Red Chili (hot) - ripe vine tomatoes, fresh garlic, chipotle peppers, spices

*\$0.75 extra (free for veggie orders)

Side Orders

salsa, sauces, sour cream	\$1.00
guacamole	\$1.50
extra cheese	\$0.75

Drinks

canned soft drink	\$1.20	bottled water	\$1.20
bottled soft drink	\$1.99	vitamin water	\$2.75
nestea / diet nestea	\$1.40	chocolate milk	\$2.25
specialty ice tea	\$2.25	skim milk	\$1.20
juice	\$2.25	limonata / aranciata	\$1.60